

CHILDREN & YOUTH REPORT CARD REVIEW

BY ALEXANDRIA CITY HIGH SCHOOL



By quirogasantillanandres

TOPIC

Youth Mental Health

CYCP GOAL

All Children, Youth, and Families will be Physically Safe and Healthy

RESULT

All children and youth in Alexandria are mentally healthy

SUCCESS STORY

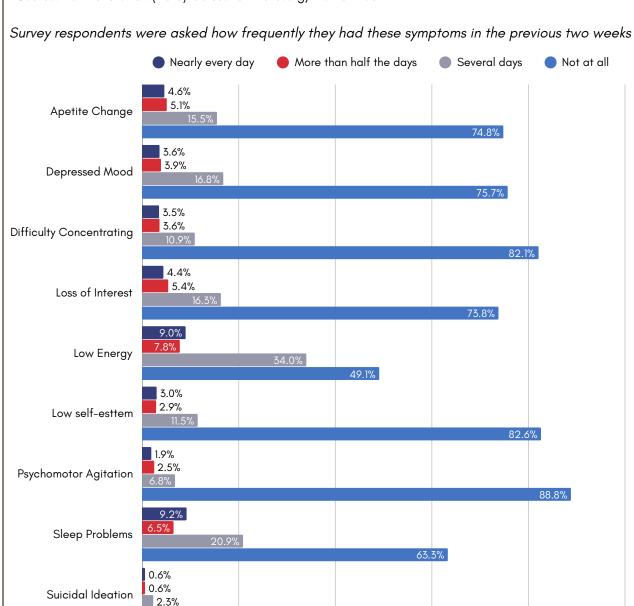
We are celebrating the people who have helped kids through their mental health struggles and the kids who put them themselves out there to help or help them selves. They have changed the world by helping younger generation with any mental health challenges they were facing.

SIGNIFICANCE

It matters because its a huge struggle now a days younger kids have higher expansion now that there are kids on the internet doing good in life and kids believe that should be doing more. There was a huge increase in the amount of people dealing with mental health problems to this day and it should not be like that there should be people out there helping each other out and kids shouldn't be scared to tell people there problems their dealing with.

HOW ARE WE DOING?

DEPRESSIVE SYMPTOMS ACROSS THE US POPULATION, 2014 Source: Tomitaka et al. (2018) OurWorldinData.org/mental-health



STRATEGIES FOR CHANGE

- Having people to talk too
- More people that want to help them
- Promote it more that there are people to talk to about this

PARTNERS WHO CAN PLAY A ROLE

60%

80%

100%

- School psychologists
- School counselors

40%

School social workers

WHAT HAS BEEN DONE SO FAR?

• Help most of the school choosing their path after high school

20%

Helping kids with there mental health struggles

HOW MUCH WAS DONE?

We did a lot of hard work. We help majority of the school and that's progress

HOW WELL WAS IT DONE?

We did good helping kids choose what to do after high school and how to deal with some issues they are dealing with

WHAT HAVE BEEN THE EFFECTS SO FAR?

A happier mood, less stress less anxiety knowing everything is gonna be okay

WHAT ARE PLANS FOR THE FUTURE?

We want to expanded this group to more schools so they can help their students out too

WHERE CAN PEOPLE FIND OUT MORE ABOUT YOUR TOPIC?

At school or looking us up online and we well have our phone numbers and email on there so you can reach out and we can talk things through